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| Name: Colton Merrill ATC, CPT | | Grading Quarter: 3 | Week 3 Beginning: 1/22/24 |
| School Year: 2023 | | Subject: Sports Medicine and Rehabilitation 2 | |
| Monday | Notes: 14th | <p>Objective:</p> <p>Understand your role as a professional rescuer within the Emergency Medical Services organization.</p> <p>Analyze the legal ramifications in providing care to an injured party including confidentiality.</p> <p>Review and practice procedure for gaining consent to treat.</p> <p>Define terminology</p> <p>☐ Be able to describe what is a pathogen and how they are spread</p> <p>☐ Understand and utilize exposure prevention techniques</p> <p>☐ Recognize and properly report exposure incidents</p> <p>Lesson Overview:</p> <p>L 1 EMS and Legal Considerations -</p> <p>L 2 Bloodborne Pathogens</p> | Academic Sport Med Standards: 4.1 4.2 4.3 |
| Tuesday | Notes: 15th | <p>Objective:</p> <p>1. Explain the steps involved in the primary assessment procedure and justify their use.</p> <p>2. Demonstrate how to perform a primary assessment on an adult, child and infant.</p> <p>3.Explain and identify signs and symptoms of respiratory distress and its subsequent care.</p> <p>4. Demonstrate the skill of rescue breathing and identify when it is warranted.</p> <p>5. Demonstrate the use of a Bag-valve mask in emergency situations.</p> <p>Objectives</p> <p>Lesson Overview:</p> <p>L 3 Primary Assessment</p> <p>L 4 Breathing Emergencies</p> | Academic Sports Med Standards: 5.1 5.2 5.3 2.1 |

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| Wednesday | Notes: 16th | <p>Objective:</p> <ol style="list-style-type: none"> 1. Recognize and provide care for conscious choking victim 2. Recognize and provide care for unconscious choking victim <p>Objectives</p> <ol style="list-style-type: none"> 1. Identify signs and symptoms of cardiac emergencies and how to provide care 2. Recognize when CPR is needed and demonstrate CPR skill 3. Demonstrate how to preform two-person CPR <p>Objectives</p> <p>Lesson Overview:</p> <p>L 5 Obstructed Airways L 6 Cardiac Emergencies</p> | <p>Academic Sports Med Standards:</p> <p>2.1 5.1 5.4 5.10</p> |
| Thursday | Notes: 17th | <p>Objective:</p> <ol style="list-style-type: none"> 1. Review how defibrillation works 2. Identify the general steps in using an AED 3. Understand and appreciate the precautions when using an AED 4. Practice using an AED in conjunction with CPR <p>Objectives</p> <ol style="list-style-type: none"> 1. Identify the various components of the Emergency Action Plan. 2. Develop an Emergency Action Plan for a facility. <p>Objectives</p> <p>Lesson Overview:</p> <p>L 7 AED L 8 Emergency Action Plan</p> | <p>Academic Sports Med Standards:</p> <p>5.1 5.4</p> |
| Friday | Notes: 18th | <p>Objective:</p> <ol style="list-style-type: none"> 1. Review common types of wounds. 2. Explain general steps of wound care. 3. Demonstrate wound care technique. 4. Identify and understand the importance of referring certain wounds. <p>Objectives</p> <p>Lesson Overview:</p> <p>L 9 Wound Care</p> | <p>Academic Sports Med Standards:</p> <p>4.1 4.2 4.3 5.7</p> |